



SWINGS

INSTALLATION & OPERATION MANUAL



WARNING – Improper assembly or use of this product and the activity of climbing has risks that can lead to injury, paralysis, and even death. Read these instructions and warnings before assembly, installation, and use!

CONTACT US
shop@grohplayrooms.com

FIND MORE RESOURCES AT
shop.grohplayrooms.com



SAFETY INFORMATION

READ BEFORE INSTALLATION AND USE



FAILURE BY THE USER TO HEED ANY AND ALL INSTRUCTIONS, WARNINGS AND CAUTIONS FOR THE CORRECT INSTALLATION, OPERATION, CARE, AND MAINTENANCE OF CLIMBING PRODUCTS MAY RESULT IN SERIOUS INJURY OR DEATH.

The Groh Shop's climbing and active play products are designed and specified for recreational use as a self-installable product. Use of equipment for any purposes other than that intended by the manufacturer is not recommended.

Owners and users of any climbing/active play products purchased from The Groh Shop are responsible for the safety and supervision of any person using the product and for ensuring proper installation and operation procedures are followed at all times. Proper installation requires careful planning and fastener placement for ceiling hookups, including structural elements. Owners and users are highly encouraged to have an experienced, licensed, & insured general contractor install active play features, including ceiling hookups .

It is the responsibility of the installer to verify existing structural elements meet the minimum structural requirements listed in this document and are of sound construction without any defects. The Groh Shop is not responsible for verifying the structure for ceiling hookup attachment.

Installation of our products is the responsibility of the customer, who assumes any liability for damage to property or injury. While every attempt is made to embody the highest degree of protection in all equipment, we cannot, however, guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, which no representative of the company can waive or change. Equipment should be inspected periodically by user for damage and wear and tested for stability.

Users of The Groh Shop's Swings are solely responsible for learning, implementing, and conveying to participants proper swinging, including good judgment. This includes knowing and observing the product's capabilities and limitations and ensuring the swinging area is free and clear from all obstructions including, but not limited to: furniture, protrusions, structures, or other objects, players, or observers. Users must be aware of all necessary precautions and dangers and must educate all participants in the proper use of Swings as well as all third-party equipment, such as a ceiling hookup.

SYMBOLS EXPLAINED



ENSURE THAT YOU READ AND UNDERSTAND ALL SAFETY PROCEDURES

The following safety symbols are used throughout this manual to highlight potential dangers. One or more precautions may be associated with practices and procedures described within this manual. Failure to adhere to any precautions highlighted can result in death, serious injury, or equipment damage.



DANGER

Indicates a hazardous situation exists that, if not avoided, will result in serious injury or death.



WARNING

Indicates a potentially hazardous situation that, if not avoided, could result in serious injury or death.

Please read the following statement and contact The Groh Shop, in writing, if the intent of this document is unclear or questions arise. **YOU SHOULD NOT OPERATE THE PRODUCTS IN THIS MANUAL IF YOU DO NOT FULLY UNDERSTAND HOW TO OPERATE THEM SAFELY!**

This manual contains information on the proper assembly and use of a swing and ceiling hookup. Ensure that this manual is readily available to users at all times.

OPERATING INSTRUCTIONS

BABY AND TODDLER SWING

Users of The Groh Shop's Swings are solely responsible for learning, implementing, and conveying to participants proper swinging, including good judgment. This includes knowing and observing the product's capabilities and limitations and ensuring the swinging area is free and clear from all obstructions including, but not limited to: furniture, protrusions, structures, or other objects, players, or observers. Users must be aware of all necessary precautions and dangers and must educate all participants in the proper use of Swings as well as all third-party equipment, such as a ceiling hookup.

Owners and users are to adhere to the following operating requirements for the Baby and Toddler Swing:

- Users of the swing cannot exceed 88 lbs.
- Adult supervision is required by all users.
- Always use the safety belt for the Baby and Toddler Swing.
- A safety surface under the swing is recommended.
- One (1) user at a time.
- Do not walk close to or behind a swing user.
- Do not jump from the swing.
- Do not attach any item to the swing.
- Do not use the equipment in a manner other than intended.

The Groh Shop's Baby and Toddler Swing is suitable for a baby from when they can sit upright unaided (approximately 6 months) to 6 years old or 88 lbs. Always support your baby well with cushions etc. until your baby grows into the swing. Please remember children should always be swung gently.



ALWAYS USE THE SAFETY BELT



OPERATING INSTRUCTIONS

HIGHER AND HIGHER (CHILD) SWING

Users of The Groh Shop's Swings are solely responsible for learning, implementing, and conveying to participants proper swinging, including good judgment. This includes knowing and observing the product's capabilities and limitations and ensuring the swinging area is free and clear from all obstructions including, but not limited to: furniture, protrusions, structures, or other objects, players, or observers. Users must be aware of all necessary precautions and dangers and must educate all participants in the proper use of Swings as well as all third-party equipment, such as a ceiling hookup.

Owners and users are to adhere to the following operating requirements for the Higher and Higher Swing:

- Users of the swing cannot exceed 175 lbs.
- Adult supervision is required by all users.
- A safety surface under the swing is recommended.
- One (1) user at a time.
- Do not walk close to or behind a swing user.
- Do not jump from the swing.
- Do not attach any item to the swing.
- Do not use the equipment in a manner other than intended.



TOOLS & MATERIALS



TOOLS AND MATERIALS NEEDED FOR INSTALLATION (PROVIDED BY OWNER)

- ☐ Pencil
- ☐ Stud Finder
- ☐ Tape Measure
- ☐ Drill & Drill Bits
- ☐ Ceiling Hookup
- ☐ Mounting Material-Safe Screws
- ☐ Step Ladder
- ☐ Level

TOOLS AND MATERIALS NEEDED FOR INSTALLATION (PROVIDED BY GROH)



Swing

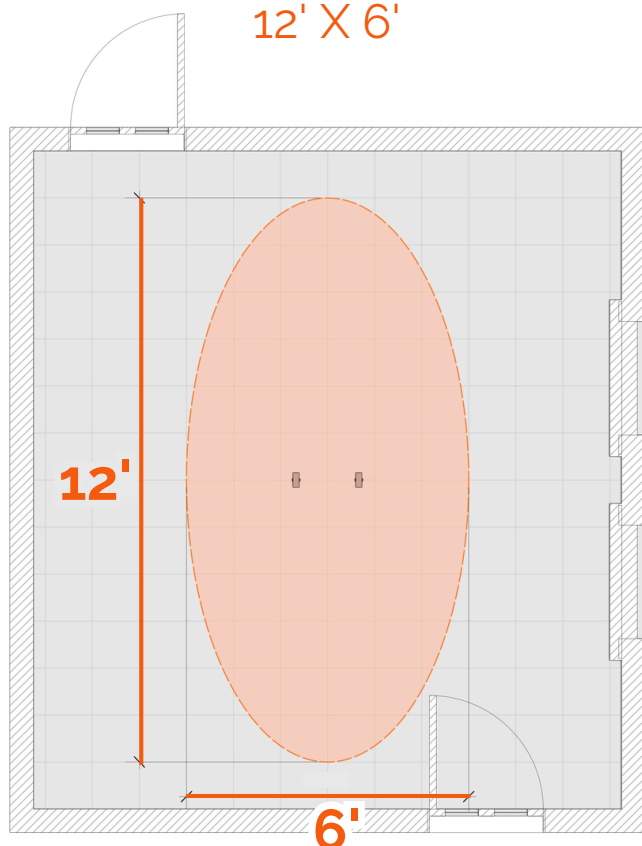
(Baby and Toddler Swing Shown in Color Cloud White)

SAFETY ZONES

RECOMMENDED CLEARANCE FOR SAFE SWINGING WITH CEILING HOOKUPS

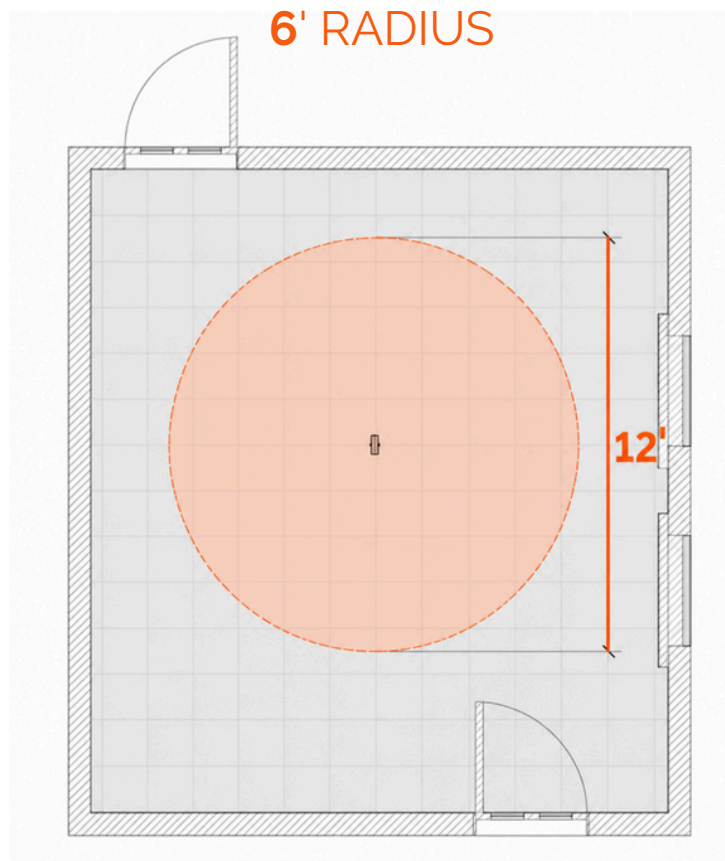
FOR SWINGS WITH
2 ATTACHMENT POINTS

12' X 6'



FOR SWINGS WITH 1
ATTACHMENT POINT

6' RADIUS



THIS APPLIES TO ANY FEATURE
WITH 1 CEILING ATTACHMENT



EVERY SPACE IS DIFFERENT. CONSULT WITH A GC.
THE INFORMATION ABOVE IS RECOMMENDATION ONLY

SWING SAFETY ZONE QUICK REFERENCE



PENDULUM-BASED CLEARANCE BY CEILING HEIGHT

Ceiling Height	Pendulum Drop	Max Swing Angle	Front-To-Back (Each Way)	2-pt Total Front Back ↔	Single Point Radius
8'	6.5'	~67°	6'	12'	6'
9'	7.5'	~62°	7'	14'	7'
10'	8.5'	~58°	7.5'	15'	7.5'
11'	9.5'	~55°	8'	16'	8'
12'	10.5'	~52°	8.5'	17'	8.5'
13'	11.5'	~49°	9'	18'	9'
14'	12.5'	~47°	9.5'	19'	9.5'
15'	13.5'	~45°	10'	20'	10'
16'	14.5'	~44°	10'	20'	10'

How To Use It

2-point swing (standard swing, constrained to swing front-to-back): use the **2-pt total front↔back** column, plus 6' side-to-side. **Single-point swing** (yoga silk or spinner that can rotate any direction): use the **single-point radius** as a full circle — double it for the clear diameter.

Zones are driven by the pendulum arc. Numbers assume an 18" seat height — our standard recommended seat height from the floor.

Field notes

- Hanging lower than 18"? A lower seat means a longer pendulum and a wider swing. If a swing is hung ~12" off the floor (e.g. baby swings), add 12" to the total front-to-back clearance in the table.

INSTALL OPTIONS

SWING INSTALLATION OPTIONS & TIPS

All swings from The Groh Shop can be mounted in a few different ways:

Ceiling Joists, with ceiling mount hardware *(recommended)*

Doorway

Exposed Beam

Veranda

Pergola

Swing Stand

(or another similar structurally sound method)

NEED A CEILING HOOKUP?

Find our favorite ceiling hookup and many additional products for your playroom transformation in our Amazon Store...
even toy recommendations!



Ceiling Hookups/Mounts come in many different varieties and can be procured online or at your local hardware store. We recommend utilizing hookups with carabiners for grown-up controlled access to play. Consult a general contractor with additional ceiling hookup questions.



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INSTALLATION

CEILING HOOKUP INSTALLATION INSTRUCTIONS

Ceiling Hookups/Mounts come in many different varieties and can be procured online or at your local hardware store. We recommend utilizing hookups with carabiners for grown-up controlled access to play. Consult with a general contractor with additional ceiling hookup questions.



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**CEILING HOOKUPS MUST BE INSTALLED IN A JOIST OR
SUBSTANTIAL BLOCKING
NO EXCEPTIONS**

INSTRUCTIONS FOR INSTALLING A CEILING HOOKUP

STEP 1: FIND AND MARK CEILING JOISTS

- Determine the area on your ceiling where you want to install your hookups.
 - Be sure to create a zone for safe swinging with 6' clearance on all sides.
- Using a stud finder, locate and mark the joists in the designated area. Ensure to mark the center of each joist.
- Depending on the structure of your ceiling, your joists may be 16" or 24" apart. Either measurement is sufficient for swing hookups.

STEP 2: INSTALL HOOKUPS

- Using the correct fasteners for your structure, attach the mounts to your ceiling.
 - Most often, a lag bolt and washer can be utilized, but be sure to consult a local professional when selecting your fasteners.
 - **Install the mount in the same direction as the swing will move to avoid twisting.**

STEP 3: ATTACH SWINGS

- Adjust the swing to your preferred height.

FAQ

FREQUENTLY ASKED QUESTIONS

DIY INSTALLATION

DO I NEED A CONTRACTOR TO INSTALL THE CEILING HOOKUP?

The Groh Shop recommends only DIY-friendly products anyone can successfully install. However, we highly recommend that an experienced, licensed, and insured contractor install your gross motor features. Whoever installs this product should follow directions laid out in this guide.

WHAT TOOLS DO I NEED TO INSTALL? WHAT DOES MY CEILING NEED TO BE MADE OF? DO I NEED TO BUY SCREWS?

A drill, level, and stud finder are required for install of ceiling hookups. You may need to buy screws that are compatible with your structural materials. Check out our favorite [ceiling hookup](#) conveniently available in our [Amazon Store](#)!

FLOORING

DO I NEED PADS ON THE FLOOR?

We always recommend floor protection. Check out our [FLOORING OPTIONS](#).

MAINTENANCE

DO I NEED TO DO ANYTHING TO TAKE CARE OF THE SWING?

Our swings are very low maintenance. Surface stains, though the fabric is stain resistant, can be wiped off with a damp cloth.

In addition, you'll want to periodically make sure all mounting hardware is secure.

ELEVATE YOUR KIDDO'S PLAY (LITERALLY!)

Your swing will revolutionize your kiddos' playtime! Gross motor play is vital to proper development!



NEED HELP PLANNING YOUR PLAYROOM?

Book a personalized [Playroom Planning Session](#) with a Groh Product Specialist for expert product recommendations tailored to your space, family, and goals.



SHARE PHOTOS WITH US!

Please share photos! We love to see how your space has transformed!

Don't worry, we won't share photos without your written consent!



CONTACT US

shop@grohplayrooms.com

FIND MORE RESOURCES AT

www.shopgrohplayrooms.com